

Available to all adopters on CD-ROM (a print version is available on request), this resource provides a lesson plan for every day of the course, whether it is taught as a semester course or a yearlong course. These lesson plans make organizing a Fitness for Life course a breeze and are much more practical than a teachers edition that merely offers suggestions for developing plans. And because the lesson plans are kept on a CD-ROM, teachers wont have to worry about pages tearing out of a notebook or getting worn out. They can simply print out what they need and have the comfort of knowing that their plans are permanently stored on the CD. This item is one of many supplemental teaching materials available for use with the Fitness for Life program. Contact your K-12 sales representative for more information and regarding bulk purchases.

```

window.ue_csm.cel_widgets = [ { id: detail-bullets }, { id:
featurebullets_feature_div }, { id: summaryContainer }, { s: #revMHRL > DIV , id_gen:
function(elem, index) { return custRev + (index + 1); } }, { id: sims_fbt }, { id:
purchase-sims-feature }, { id: session-sims-feature }, { id: quickPromoBucketContent },
{ id: productDescription }, { id: technicalSpecifications_feature_div }, { id: prodDetails }
, { id: related_ads }, { id: technical-data }, { id: tagging_lazy_load_div }, { id:
consumption-sims }, { id: moreBuyingChoices_feature_div }, { id:
product-ads-feedback_feature_div }, { id: DAcrt }, { id: vtpsims }, { c: celwidget }, {
id: fallbacksessionShvl }, { id: rhf }, { id: unifiedLocationPopoverSelections } ];
(function(a){ var
b=document.ue_backdetect;b&&b.ue_back&&a.ue&&(a.ue.bfini=b.ue_back.value);a.uet&&a
.uet(be);a.onLdEnd&&(window.addEventListener?window.addEventListener(load,a.onLdEnd
,!1):window.attachEvent&&window.attachEvent(onload,a.onLdEnd));a.ueh&&a.ueh(0,windo
w,load,a.onLd,1);a.ue&&a.ue.tag&&(a.ue_furl&&a.ue_furl.split?(b=a.ue_furl.split())&&b[0]
&&a.ue.tag(b[0]):a.ue.tag(nofls)))(ue_csm); var ue_pty=Detail, ue_spty=Glance,
ue_pti=0736046631; v (function(g,h){function d(a,d){var b={};if(!e !f)try{ var
c=h.sessionStorage;c?a&&(undefined!==(typeof
d?c.setItem(a,d):b.val=c.getItem(a)):f=1 }catch(g){e=1 }e&&(b.e=1);return b }var b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a.e?a=ET:(a=a.val,a (a=b.oid NI,d(csmtid,a)),c=d(b.oid),c.e
(c.val=c.val 0,d(b.oid,c.val+1)),b.ssw=d);b.tabid=a})(ue_csm,window); (function(b,c){var
a=c.images;a&&a.length&&b.ue.count(totalImages,a.length)})(ue_csm,document);
(function(m,h){function I(a){if(a)return a.replace(/^//s+ //s+$/g,)}function
x(a,e){if(!a)return { };a.m&&a.m[k]&&(a=a.m);var b=e.m e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&&a.m.target&&a.m.target.tagName?b+(Error handler
invoked by +a.m.target.tagName+ tag):a.m?b+a.m:a[k]?b+a[k]:b+Unknown error,b={ m:b,f:a.f
a.sourceURL a.fileName a.filename a.m&&a.m.target&&a.m.target.src,l:a.l a.line
a.lineNumber,c:a.c?+a.c:a.c,s:unknown,t:m.ue.d(),name:a.name,type:a.type,csm:J+
+(a.fromOnError?onerror: ueLogError)},d,c,g=0,f=0,n;c=h.location;d=a.stack
(a.err?a.err.stack:);b[y]=e[y] c&&c.href missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_err&&h.performance&&h.performance.timing&&(c=h.perfo
rmance.timing,f=window.performance&&window.performance.now&&window.performance.
timing?window.performance.now()+window.performance.timing.navigationStart:+new
Date,b.ld=0l.mxe))){l.ec++;l.ter.push(a);e=e { };var b=a[p] e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z l.ecf++;w(a, e)} }function w(a,e){if(a){ var b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u][v]){ var c={ };c[d]=b;try{ var
g=h[u][v]({ rid:ue.rid,sid:m.ue_sid,mid:m.ue_mid,sn:m.ue_sn,reqs:[c]}),f=h1,n;if(n!=(f[D]&&
f[D](E,g))){ var l;if(h[F]){ var k=new
h[F];k.onerror=s;k.ontimeout=s;k.onprogress=s;k.onload=s;k.timeout=0;l=k}else{ var
p;if(h[G]){ var q=new h[G];p=withCredentialsin q?q:void 0} else p=void
0;l=p }n=l}if(d=n){d.open(POST,E,!0);if(d[H])d[H](Content-type,text/plain);d.send(g)} }catch

```

```
(r){} }else m.ue.log(b, d,{nb:1});if(!a.fromOnError){g=h.console { };d=g.error g.log
s;c=h[u];f=Error logged with the Track&Report JS errors
API(http://tiny/1covqr618/wamazindeClieUserJava):
;if(c&&c[v])try {f+=c[v](b)}catch(t){f+=no info provided; converting to string failed}else
f+=b.m;d.apply(g,[f,b])} }var
G=XMLHttpRequest,F=XDomainRequest,N=navigator,D=sendBeacon,v=stringify,u=JSON,p
=logLevel,q=attribution,y=pageURL,r=skipTrace,H=setRequestHeader,k=message,s=function
(){},E=//+m.ue_furl+ /1/batch/1/OE/,l=m.ue_err,M=m.ue_err_chan
jserr,z=FATAL,J=v6,A=20,t=256,L=RegExp( (?([ ^ s]*):( d+): d+ )?.split(
).join(String.fromCharCode(92))),K=/.*@(.*):(//d*);x[r]=1;C[r]=1;w[r]=1;(function(){for(var
a,e=0;e (function(c,d){var b=c.ue,a=d.navigator;b&&b.tag&&a&&(a=a.connection
a.mozConnection
a.webkitConnection)&&a.type&&b.tag(netInfo:+a.type)})(ue_csm>window);
(function(c,d){function g(a,b){for(var c=unknown,d=0;d
ue_csm.ue.exec(function(d,e,a){function
b(a,b){return{name:a,getFeatureValue:function(){return void 0!==(b 0)}}}function
h(a,b,c){return{name:a,getFeatureValue:function(){return b===c 0}} }function
g(a,b){return{name:a,getFeatureValue:function(){for(var a=0;a ue._bf.modules.push(
ue._bf.mpm(cc_ie5, 1) ) ue._bf.modules.push( ue._bf.mpm(cc_ie6, 1) )
ue._bf.modules.push( ue._bf.mpm(cc_ie7, 1) ) ue._bf.modules.push( ue._bf.mpm(cc_ie8, 1)
) ue._bf.modules.push( ue._bf.mpm(cc_ie9, 1) ) (function(g,b,h){function c(){var
a;a=h.cookie.match(/session-id=(/[w//-]+)/);a=null!==(a?a[1]:null);var
b=ue_sid,c;c=Date.now?Date.now():(new Date).getTime();d[a]
(e.log({k:k,t:c,nsid:a,osid:b},f),d[a]=1)}var
k=sbk,f=csm;b=b.navigator.cookieEnabled?!0:!1;var
e=g.ue,d={ };e.log({k:cinf,enbl:b},f);b&&ue_sid&&(d[ue_sid]=1,e.attach(beforeunload,c),setI
nterval(c,1E3)))(ue_csm>window,document); ue_csm.ue.exec(function(e,f){var a=e.ue
{ },b=a._wlo,d;if(a.ssw){d=a.ssw(CSM_previousURL).val;var
c=f.location,b=b?b:c&&c.href?c.href.split(#)[0]:void 0;c=(b
)===a.ssw(CSM_previousURL).val;!c&&b&&a.ssw(CSM_previousURL,b);d=c?reload:d?int
rapage-transition:first-view} else d=unknown;a._nt=d},NavTypeModule)(ue_csm>window);
var ue_mbl=ue_csm.ue.exec(function(e,a){function k(f){b=f
{ };a.AMZNPerformance=b;b.transition=b.transition { };b.timing=b.timing
{ };if((f=a.webclient&&function===typeof
webclient.getRealClickTime?a.cordova&&a.cordova.platformId&&ios===cordova.platformId?
!1:!0:!1)&&b.tags instanceof Array){var c;c=-1!=b.tags.indexOf(usesAppStartTime)
b.transition.type?!b.transition.type&&-1 (function(e,m){if(e.ue_cors){var
f=0,g,h={ };g=setInterval(function(){for(var d=m.scripts,k={ },a,b,l=!1,c=0;c
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Eating Disorders in Children and Adolescents (Cambridge Child and Adolescent Psychiatry), Lets Go 1999: Australia, Dossard 1112 (French Edition), Green Eyed Child, Myths Every Child Should Know, Beat Depression Fast: 10 Steps to a Happier You Using Positive Psychology,

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